



In Tune with the Infinite:

The Heart of Sufi Practice

12-15 April 2018 Allanton Peace Sanctuary, Auldgirth, Scotland DG2 0RY

Neil Douglas-Klotz (Saadi Shakur Chishti)

During this retreat we will explore Hazrat Inayat Khan's personal experience of Sufism and its connection to the Sufi way as practiced in the rest of the world for more than a thousand years before him. The retreat will draw on practices common to this larger tradition: body prayer, wasifa, breath practice, zikr, walking meditation and stories. We will also be experiencing the Dances of Universal Peace from this broader view.

I will be sharing many of these practices in a way different from what people may be familiar with, one linked to our most ancient remembrances of being human. These are 'messages in a bottle' from our ancestors, before religions existed. I will also be sharing the relation of this work to the international Quran translation project of which I have been a part for the past four years.

The retreat is open to all.

"What we lack in life is...to be in rhythm with the conditions of life and to be in tune with the source of our existence." – Hazrat Inayat Khan

Details on Reverse.

Cost: £210 (own accommodation), £265 (dormitory), £285 (shared room). A £50 deposit will hold your place. Please pay the remainder by April 1.

Time: Retreat begins on Thursday, **April 12 at 6.30 p.m.** with dinner and finishes on Sunday, **April 15** with lunch.

Venue: Allanton Peace Sanctuary, Auldgirth, Dumfries DG2 0RY, Scotland. Find a detailed map on: <https://goo.gl/maps/Vvbn9XvYtFq>

Allanton Sanctuary is the European Sanctuary of the World Peace Prayer Society, an international organization with a mission to spread the message 'May Peace Prevail on Earth', to help achieve harmony within the individual, in society, and with our environment, where 'peace' is seen as the highest aspiration of humanity. For more information visit www.worldpeace-uk.org

Accommodation: Accommodation is in spacious first floor rooms. All rooms have a seating corner, a wardrobe and a sink. There are three dormitories (3 bunk beds each) and a few shared rooms – one double, one triple and one 5-bed room. The 5-bed shared room is the most beautiful room in the house, with big bay windows and lots of light. We will try to spread you out as much as possible, so that no more than 4 people will be sharing a room, but we cannot guarantee it.

You could also stay in a local B&B – contact us for more info. Another option, used by a number of regular participants who prefer to have a twin/double rooms, is to stay in Premier Inn (www.premierinn.com) or Travelodge in Dumfries (www.travelodge.co.uk). If booked well in advance you can get a room for a very reasonable price. This option requires access to a car or a friend with a car.

Meals: You will be served three vegetarian/ vegan / wheat-free meals a day, cooked by our hosts in Allanton. If you have any special needs or food allergies, please let us know in advance. *Please be aware that Allanton can not cater for life-threatening dietary requirements.*

For more information and on the particulars of pricing and accommodation, please contact us on info@eial.org

Registration: To register, please get in touch with Stella – skcranwell@hotmail.com